



## ***Homecare Companion + Home Health Aide***

***4 months of Instruction. See schedule below.***

***Homecare Companion (HC):*** This course prepares students for entry-level positions in the field of health care. Students will have the opportunity to assist elders in maintaining their independence through in-home services.

***Home Health Aide (HHA):*** The Home Health Aide Course is designed to prepare students for home health employment covering the following topics: How to Help Someone Who Uses a Wheelchair, Infection Control and Bloodborne Pathogens, How to Assist with Medications, Personal Care, Fire Safety, Fall Prevention, Alzheimer's Early to Mid Stage, Alzheimer's Mid to Late Stage, Aphasia, Elder Abuse, Cultural Competence, Vital Signs, Communication Skills, Observation, Reporting and Documentation, Introduction to Home Care, Ethical and Legal behavior, Nutrition and Meal Preparation for Older Adults, HIPAA, Medical Emergencies and Emergency Preparedness, Essential Bed Rest Skills. It includes 16 hours of work at clinical sites under a nurse supervision and a compulsory +30-hour HHA Study Group. (Pre-requisite: HC Course)\*

\*HC & HHA Courses are taught in a 4 month set of courses with the same cohort, and cannot be taken separately



**Asistencia en el Hogar (HC):** Este curso preparará a los estudiantes para puestos de nivel de primario en el campo de la atención médica. Los estudiantes tendrán la oportunidad de ayudar a los ancianos a mantener su independencia a través de los servicios en el hogar. (Requisito previo: *Resucitación Cardio-Pulmonar y Primeros Auxilios*)\*

**Asistencia de Ancianos y Pacientes (HHA):** Este curso está diseñado para preparar a los estudiantes para asistir a ancianos y pacientes e incluye los siguientes temas: Cómo ayudar a alguien que utiliza silla de ruedas, Control de infecciones y patógenos transmitidos por la sangre, Cómo ayudar con medicamentos, Cuidado personal, Seguridad contra incendios, Prevención de caídas, Alzheimer etapa temprana a mediana, etapa media y tardía, condiciones cerebrales, abuso de ancianos, competencia cultural, signos vitales, destrezas de comunicación, observación, informes y documentación, introducción a la atención domiciliaria, comportamiento ético y legal, nutrición y preparación de comidas para adultos mayores, Confidencialidad del Paciente (HIPAA en inglés), Emergencias médicas y preparación para emergencias. Incluye 16 horas de trabajo en sitios clínicos bajo la supervisión de una enfermera y a un grupo de estudio de HHA obligatorio de 30 horas. (Requisito previo *Asistencia en el Hogar*)\*

\*Los cursos de HC y HHA se imparten en un conjunto durante 4 meses con el mismo grupo de estudiantes, y no se pueden tomar por separado.

**Swen Nan Kay:** Kou sa pepare elèv yo pou pozisyon nivo elemantè nan domèn swen sante. Elèv yo ap gen opòtinite pou ede granmoun aje yo kenbe endependans yo nan sèvis nan kay la. (Avantou : CPR/AED/ Premye swen Sètifikasyon kou)

**Sante Lakay:** Kou sante lakay la fèt pou prepare elèv yo pou travay nan domèn sante ki kouvri sijè sa yo : Kouman pou ede moun ki sou chèz woulant, Kontwòl enfeksyon ak ajan patojèn transmit pa san, koman pou avèk medikaman, swen pèsonèl, sekirité kont difé, prevansyon nan tonbe, alzaymè nan bone ak nan mitan-etap, alzaymè nan tan presegondè, abi granmoun aje yo, konpetans kiltirèl, siy vital, abilité pou kominike, obsèvasyon, rapò ak do,inantasyon, konpòtman etik ak legal, Nitrisyon ak preparasyon pou repa pou granmoun ki pi gran yo, Ijans medikal ak prepasyon pou ijans, konpetans esansyèl nan rès nan kabann. Li gen ladan'l 16 èdtan nan travay nan anviwònman klinik anba sipèvisyon yon enfimyè ak yon gwoup etid HHA obligatwa plis 30 èdtan. (Avantou: kouri HC)

\***HC & HHA** kou sa yo, yo anseye yo nan yon seri de 4 mwa nan kou ak menm kòwòt la, epi yo pa ka pran'l separeman.



The Center for Immigrant Opportunity

### Skills Development Program

|                     | <u>Date</u>                  | <u>Start Time</u> | <u>End Time</u>            | <u>Location</u>                              | <u>Class</u>                               |
|---------------------|------------------------------|-------------------|----------------------------|--|--|
| Home Care Companion | Tuesday, September 8, 2020   | 6:00 PM           | 10:00 PM                   | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, September 10, 2020 | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, September 12, 2020 | 8:00 AM           | 5:00 PM                    | Norwalk Community College Room H-106         | Lab  |
|                     | Tuesday, September 15, 2020  | 6:00 PM           | 10:00 PM                   | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, September 17, 2020 | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, September 19, 2020 | 8:00 AM           | 5:00 PM                    | Norwalk Community College Room H-106         | Lab  |
| Home Health Aide    | Tuesday, September 22, 2020  | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, September 24, 2020 | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, September 26, 2020 | 8:00 AM           | 10:00 AM                   | Online                                       | Tutoring                                   |
|                     | Tuesday, September 29, 2020  | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, October 1, 2020    | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, October 3, 2020    | 8:00 AM           | 10:00 AM                   | Online                                       | Tutoring                                   |
|                     | Tuesday, October 6, 2020     | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, October 8, 2020    | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, October 10, 2020   | 8:00 AM           | 4:00 PM                    | Norwalk Community College Room H-106         | Lab  |
|                     | Tuesday, October 13, 2020    | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, October 15, 2020   | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, October 17, 2020   | 8:00 AM           | 10:00 AM                   | Online                                       | Tutoring                                   |
|                     | Tuesday, October 20, 2020    | 6:00 PM           | 9:00 PM                    | Norwalk Community College Room H-106         | Midterm exam                               |
|                     | Thursday, October 22, 2020   | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
| Home Health Aide    | Saturday, October 24, 2020   | 8:00 AM           | 4:00 PM                    | Norwalk Community College Room H-106         | Lab  |
|                     | Tuesday, October 27, 2020    | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, October 29, 2020   | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, October 31, 2020   | 8:00 AM           | 10:00 AM                   | Online                                       | Tutoring                                   |
|                     | Tuesday, November 3, 2020    | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, November 5, 2020   | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, November 7, 2020   | 8:00 AM           | 4:00 PM                    | Norwalk Community College Room H-106         | Lab  |
|                     | Tuesday, November 10, 2020   | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, November 12, 2020  | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, November 14, 2020  | 8:00 AM           | 10:00 AM                   | Online                                       | Tutoring                                   |
|                     | Tuesday, November 17, 2020   | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, November 19, 2020  | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, November 21, 2020  | 8:00 AM           | 4:00 PM                    | Norwalk Community College Room H-106         | Lab  |
|                     | Tuesday, December 1, 2020    | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Lecture                                    |
|                     | Thursday, December 3, 2020   | 6:00 PM           | 9:00 PM                    | Building One Community 75 Selleck / Online   | Study Group                                |
|                     | Saturday, December 5, 2020   | 8:00 AM           | 10:00 AM                   | Online                                       | Tutoring                                   |
|                     | Tuesday, December 8, 2020    | 0.75              | Saturday, January 0, 1900  | Norwalk Community College Room H-106         | Final exam                                 |
|                     | Thursday, December 10, 2020  | 6:00 PM           | 9:00 PM                    | To be determined                             | Complete HHA clinical competency checklist |
|                     | Friday, December 11, 2020    | to                | Tuesday, December 22, 2020 | Norwalk Community College + To be determined | Simulations and Clinical Practicum         |